

STABLE Performance Measure

<p>Measure: Bipolar Disorder: Monitoring change in level-of-functioning</p>	
<p>Summary: This measure assesses the percentage of patients diagnosed and treated for bipolar disorder who are monitored for change in their level-of-functioning in response to treatment.</p>	
<p>Clinical Rationale: Recovery in Bipolar Disorder <ul style="list-style-type: none"> ▪ Recovery includes remission of symptomatology, minimizing relapse or recurrence and maximizing functioning and improving quality of life⁽¹⁾ ▪ Achieving treatment-related symptomatic improvement does not necessarily mean that the functional recovery is achieved⁽¹⁾ ▪ Functional recovery involves the ability to sustain and maintain social, occupational, educational and independent living activities and relationships⁽¹⁾ Bipolar Disorder & Response to Treatment <ul style="list-style-type: none"> ▪ The 2002 APA Practice Guideline for the Treatment of Patients with Bipolar Disorder defines remission during the acute phase of treatment as “a complete return to baseline level of functioning and a virtual lack of symptoms” ▪ The ability to function involves more than the presence or absence of symptoms as some patients with bipolar disorder function well despite having severe symptoms while others have few symptoms but can be dysfunctional⁽²⁾ ▪ Monitoring response to treatment in bipolar disorder should extend beyond symptom reduction to include a focus on a person’s improvement in level-of functioning⁽²⁾ Measuring Level-of-functioning <ul style="list-style-type: none"> ▪ Level-of-functioning instruments measure a person’s ability to interact with others, form relationships and handle day-to-day tasks⁽³⁾ ▪ Self-report of level of functioning has been found to have an important role in treatment as it encourages patient participation and collaborative dialogue⁽³⁾ </p>	
<p>Denominator Population: Patients diagnosed and treated for bipolar disorder</p> <p>Data Sources:</p> <ul style="list-style-type: none"> ▪ Administrative data ▪ Medical Record 	<p>Numerator Population: Patients whose level of functioning was evaluated during the initial assessment and again within 12 weeks of initiating treatment</p> <p>Data Source:</p> <ul style="list-style-type: none"> ▪ Medical Record
<p>Initial Case-finding Guidance: Patients with a diagnosis involving bipolar disorder ICD9CM or DSM IV TR: 296.0x; 296.1x; 296.4x; 296.5x; 296.6x; 296.7; 296.80-82; 296.89; or 301.13</p>	
<p>STABLE Resource Toolkit: The following instruments are recommended by the STABLE National Coordinating Council for use in monitoring level-of-functioning. This tool is available in the STABLE Resource Toolkit.</p> <ul style="list-style-type: none"> ▪ Sheehan Disability Scale: A brief self-report tool 	
<p>References:</p> <ol style="list-style-type: none"> 1. Harvey P, Defining and Achieving Recovery From Bipolar Disorder, J Clin Psychiatry 2006; 67 (suppl 9) 14-18 2. Keck PE, Defining and Improving Response to Treatment in Patients With Bipolar Disorder; J Clin Psychiatry 2004; 65 (suppl 15) 25-29 3. O’Malia L, McFarland B, et.al, A Level-of-Functioning Self-Report Measure for Consumers With Severe Mental Illness, Psychiatric Services, March 2002, Vol 53, No. 3 26-331 	

STABLE Performance Measure

Measure:

Bipolar Disorder: Monitoring change in level-of-functioning

Endorsed by National Quality Forum, December 2006

Measure Specifications:**Denominator:**

Patients 18 years of age or older with an initial diagnosis or new episode/presentation of bipolar disorder

AND

Documentation of a diagnosis of bipolar disorder; to include at least one of the following:

- Codes 296.0x; 296.1x; 296.4x; 296.5x; 296.6x; 296.7; 296.80; 296.81; 296.82; 296.89; 301.13 documented in body of chart, such as a pre-printed form completed by a clinician and/or codes documented in chart notes/forms
- Diagnosis or Impression or “working diagnosis” documented in chart indicating bipolar disorder
- Use of a screening/assessment tool for bipolar disorder with a score or conclusion that patient has bipolar disorder and indication that this information is used to establish or substantiate the diagnosis

AND

Documentation of treatment for bipolar disorder with relevant pharmacotherapy; a mood stabilizing agent and/or an antipsychotic agent

Denominator Exclusion:

Documentation that patient refuses to provide level-of-functioning information or complete a monitoring form or tool

Numerator:

Documentation of monitoring the patient’s level-of-functioning (See data dictionary reference below)

Level-of-functioning monitoring may occur in any of following ways:

- Documentation in patient chart using level-of-functioning monitoring tool
- Patient verbal self-report of level-of-functioning documented by clinician in record
- Clinician documented review of patient-completed monitoring form or mood diary

AND

Timeframe:

Documentation of assessment of level-of-functioning at time of initial assessment and again, at least once, within 12 weeks of initiating treatment

Data Dictionary Reference:

Level-of-functioning includes the following:

- occupational participation/attendance
- academic participation/attendance
- social functioning including involvement with family or significant others, and
- independence in activities associated with daily living such as maintaining personal care needs, caring for family, taking care of place of residence, etc.