

STABLE Performance Measure

<p>Measure: Bipolar Disorder or Depression: Assessment for substance use</p>	
<p>Summary: This measure assesses the percentage of patients with bipolar disorder, or unipolar depression, who receive an initial assessment that considers alcohol and chemical substance use.</p>	
<p>Clinical Rationale: Bipolar Disorder, Major Depression & Substance Use</p> <ul style="list-style-type: none"> ▪ Between 40-70% of people with bipolar disorder have a history of substance use disorder^(1,2) ▪ A current or past comorbid substance use disorder may lead to worse outcomes for bipolar disorders, including more symptoms, more suicide attempts, longer episodes and lower quality of life⁽¹⁾ ▪ Substance abuse may obscure or exacerbate mood swings that have no other apparent external cause⁽³⁾ ▪ Substance abuse may also precipitate mood episodes or be used by patients to self-treat in an attempt to improve the symptoms of episodes⁽³⁾ ▪ Alcohol or chemical substance abuse or dependence is a frequent comorbidity of major depressive disorder and a detailed history of the patient's substance use should be obtained⁽⁴⁾ ▪ Patients suffering from major depressive disorder with comorbid addiction are more likely to require hospitalization, more likely to attempt suicide and less likely to comply with treatment than are patients with these disorders of similar severity not complicate by these factors⁽⁴⁾ 	
<p>Denominator Population:</p> <p>Patients diagnosed with bipolar disorder OR Patients diagnosed with unipolar depression</p> <p>Data Sources:</p> <ul style="list-style-type: none"> ▪ Administrative data ▪ Medical Record 	<p>Numerator Population:</p> <p>Patients who receive an initial assessment for bipolar disorder (or unipolar depression) that includes consideration of alcohol/chemical substance use</p> <p>Data Source:</p> <ul style="list-style-type: none"> ▪ Medical Record
<p>Initial Case-finding Guidance: Patients with a diagnosis involving bipolar disorder ICD9CM or DSM IV TR: 296.0x; 296.1x; 296.4x; 296.5x; 296.6x; 296.7; 296.80-82; 296.89; or 301.13 Patients with a diagnosis involving unipolar depression ICD9CM or DSM IV TR: 296.2x; 296.3x; 300.4 or 311</p>	
<p>STABLE Resource Toolkit: The following instruments are recommended by the STABLE National Coordinating Council for use in assessing substance use. The tools are available in the STABLE Resource Toolkit.</p> <ul style="list-style-type: none"> ▪ AUDIT-C: Brief self-report tool for alcohol use ▪ CAGE-AID: Brief self-report tool; adaptation of CAGE that also includes drug use 	
<p>References:</p> <ol style="list-style-type: none"> 1. Ostacher, MJ; Sachs, GS, Update on Bipolar Disorder and Substance Abuse: Recent Findings and Treatment Strategies, J Clin Psychiatry 2006; 67[9]:e10 2. Regier DA, Farmer ME, Rae DS, et al. Comorbidity of mental disorders with alcohol and other drug abuse: results from the Epidemiologic Catchment Area (ECA) Study, JAMA 1990; 264:2511-1518 3. American Psychiatric Association, Practice Guideline for the Treatment of Patients with Bipolar Disorder, Am J Psychiatry 159: 4, April 2002 Supplement 4. American Psychiatric Association, Practice Guideline for the Treatment of Patients with Major Depressive Disorder (2000) 	

STABLE Performance Measure

Measure:

Bipolar Disorder or Depression: Assessment for substance use

Endorsed by the National Quality Forum, December 2006

Denominator:**Denominator = Bipolar Disorder:**

Patients 18 years of age or older with an initial diagnosis or new presentation/episode of bipolar disorder

AND

Documentation of a diagnosis involving bipolar disorder; to include at least one of the following:

- Codes 296.0x; 296.1x; 296.4x; 296.5x; 296.6x; 296.7; 296.80; 296.81; 296.82; 296.89; 301.13 documented in body of chart, such as a pre-printed form completed by a clinician and/or codes documented in chart notes/forms
- Diagnosis or impression documented in chart indicating bipolar disorder
- Use of a screening/assessment tool for bipolar disorder with a score or conclusion that patient has bipolar disorder and indication that this information is used to establish or substantiate the diagnosis

Denominator = Unipolar Depression:

Patients 18 years of age or older with an initial diagnosis or new presentation/episode of depression

AND

Documentation of a diagnosis involving unipolar depression; to include at least one of the following:

- Codes 296.2x; 296.3x. 300.4 or 311 documented in body of chart, such as a pre-printed form completed by a clinician and/or codes documented in chart notes/forms
- Diagnosis or impression documented in chart indicating "depression"
- Use of a screening/assessment tool for depression with a score or conclusion that the patient is clinically depressed and indication that this information is used to establish or substantiate the diagnosis

Numerator:

Documented assessment for use of alcohol and chemical substance use; to include at least one of the following:

- Clinician documentation regarding presence or absence of alcohol and chemical substance use
- Patient completed history/assessment form that addresses alcohol and chemical substance use that is documented as being noted/acknowledged by clinician performing the assessment
- Use of screening tools that address alcohol and chemical substance use

AND

Timeframe:

Documentation of the assessment for alcohol and chemical substance use must be present prior to, or concurrent with, the visit where the diagnosis and/or treatment plan is first documented